

Title:	Cynthia Kim fonds, 2012-2015		
Creator:	Cynthia Kim		
Dates of Material:	2012-2015	Record Group Number:	RG 518
Summary of Contents:	Fonds consists of blog entries and video clips from Cynthia Kim's blog, Musings of an Aspie. The entries are dated from August 2012 to January 2015. Kim documents her experiences as a person with Asperger's syndrome. She writes about her childhood, as well as her experiences as a wife and mother. The blog can be found at http://musingsofanaspie.com/ .		
Physical Description / Condition:	1 CD-ROM		
Other Notes:	Cynthia Kim was diagnosed with Asperger's syndrome when she was 42 years old. She has contributed articles to Autism Parenting magazine, Thinking Person's Guide to Autism, and Autism West Midlands' magazine. She has also written two books on autism, <i>I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults</i> , and <i>Nerdy, Shy, and Socially Inappropriate: A User Guide to an Asperger Life</i> .		
Location:	Brock University Archives		
Source Information:			
Described by:	Chantal Cameron	Date:	October 2014

Cynthia Kim, Post Inventory of Musings of an Aspie Blog, 2012-2015

Post Title	Date	Notes
One of these things doesn't belong here	08/28/2012	3 comments Categories: Asperger's Syndrome; Aspie and Female; Aspie Girlhood; Gender Differences; Introduction
When Being a Good Girl is Bad for You	08/30/2012	27 comments Categories: Asperger Traits; Aspie Girlhood; Diagnosis; Gender Differences; Social Communication Issues; Special Interests
Asperger's and Motherhood (Part 1)	09/10/2012	29 comments Categories: Aspie and Female; Emotions; Motherhood; Parenting; Parenting Experience
When Your Diploma Comes With A Diagnosis	09/12/2012	25 comments Categories: Acceptance; Asperger's Syndrome; Asperger's Traits; Diagnosis; Education
Growing Older On The Asperger's Spectrum	09/14/2012	10 comments Categories: Aging; Exercise; Health; Marriage; Mental-Health; Work
Asperger's and Motherhood (Part 2)	09/17/2012	28 comments Categories: Aspie and Female; Meltdown; Motherhood; Parenting; Parenting Tips; Sensory Overload; Supports
Preservation: Brought to You by the Number 2	09/18/2012	10 comments Categories: Preservation; Social Scripts; This Is Me; Unfiltered Aspie
You Can Do Something About That	09/19/2012	15 comments Categories: Decision Making; Executive Function; Meltdown; Mindfulness; Self-Awareness; Sensory Dysfunction; Sensory Processing
I am Asperger's, Asperger's is Me	09/21/2012	3 comments Categories: Asperger's Syndrome; Diagnosis; Self-Awareness; This Is Me
Asperger's and Motherhood (Part 3)	09/24/2012	14 comments Categories: Aspie and Female; Friendship; Motherhood; Parenting; Parenting Experience
Eye Contact: The Conversation within the Conversation	09/26/2012	47 comments Categories: Anxiety; Asperger's Tests; Eye Contact; Reading Facial Expressions; Sensory Processing; Social Communication Issues
See. Understand. Experience. Autism.	09/27/2012	13 comments Categories: Adult Autism; Asperger's Syndrome; Self-Awareness; Spectrum Voices; Statistics

Asperger's and Motherhood (Part 5)	10/08/ 2012	23 comments Categories: Adolescence; Aspie and Female; Motherhood; Parenting; Parenting Tips
You Scare Me	10/10/2012	50 comments Categories: Asperger Traits; Blunted Effect; Facial Expressions; Flat Affect; Reading Facial Expressions
The One Where the Aspie Rants About Empathy and the Experts	10/11/2012	23 comments Categories: Don't Try This At Home; Empathy; Proprioception; Sensory Processing; Unfiltered Aspie
Asperger's and Motherhood (Part 6)	10/15/2012	18 comments Categories: Adult Children; Asperger's Syndrome; Aspie and Female; Motherhood; Parenting
Where I Go When I Shutdown	10/17/2012	24 comments Categories: Flat Affect; Sensory Overload; Shutdown; Withdrawl
Rules to Live By	10/19/2012	21 comments Categories: Rules; Social Scripts; Special Interests
Lessons from an Asperger's-NT Marriage (Part 1)	10/22/2012	60 comments Categories: Aspergers-NT Marriage; Aspie Strengths; Communication; Marriage; Relationships
The Angry Aspie Explains It All	10/24/2012	11 comments Categories: Anger; Anger Outbursts; Emotions; Mental-Health; Rage
Writing is Communication Too	10/26/2012	20 comments Categories: Communication; Communication Deficit; Nonverbal Communication; Writing
Lessons from an Asperger's-NT Marriage (Part 2)	10/29/2012	37 comments Categories: Communication; Marriage; Relationships; Sensory Overload; Sensory Processing; Social Skills; Tactile Defensiveness
Lessons from an Asperger's-NT Marriage (Part 3)	11/05/2012	40 comments Categories: Communication; Compromise; Marriage; Relationships; Sensory Overload; Triggers
What's so Special About a Special Interest?	11/07/2012	31 comments Categories: Employments; Mental-Health; Special Interests
Autism is My Special Interest	11/09/2012	16 comments Categories: Asperger Traits; Autism; Perseveration; Special Interests
Lessons from an Asperger's-NT Marriage	11/12/2012	88 comments

(Part 4)		Categories: Acceptance; Communication; Love; Marriage; Relationships
The Athletic Aspie. No, really.	11/14/2012	26 comments Categories: Anxiety; Clumsiness; Coordination; Mental-Health; Motor Planning; Social Communication Issues; Sports
I Can, But I Won't	11/16/2012	4 comments Categories: Aging; Aspie Girlhood; Developmental Deficits; Social Skills
Taking The Aspie Quiz	11/20/2012	191 comments Categories: Asperger's Tests; Diagnosis; Take A Test Tuesday
Nightmares: An Experiment in Anxiety Management	11/24/2012	25 comments Categories: Anxiety; Experiments; Nightmares
Taking the Autism Spectrum Quotient (AQ) Test	11/27/2012	42 comments Categories: AQ; Asperger's Tests; Autism Spectrum Quotient; Gender; Gender Differences; Screening; Take A Test Tuesday
Wide Awake: Autism, Insomnia and Me	11/29/2012	67 comments Categories: Insomnia; Sensory Processing; Sleep; Sleep Disorders
The Island of Misfit Toys	12/02/2012	126 comments Categories: Acceptance; Differences
Taking the "Fear, Anger and Joy" Test	12/04/2012	30 comments Categories: Emotions; Facial Expressions; Reading Facial Expressions; Take A Test Tuesday
Tactile Defensiveness	12/06/2012	87 comments Categories: Clothing; Sensory Overload; Sensory Processing; Tactile Defensiveness; Tactile Sensitivities; Touch
Always Read the Label	12/08/2012	27 comments Categories: Acceptance; Asperger's Syndrome; Diagnosis; Disability; Labels
Taking the RAADS-R Test	12/11/2012	67 comments Categories: Asperger's Test; Diagnosis; Take A Test Tuesday
Anatomy of a Meltdown	12/13/2012	99 comments Categories: Aspie and Female; Emotions; Meltdowns; Mental-Health; Sensory Overload; Shutdown; Stimming
Sadness	12/16/2012	5 comments Categories: Emotional Dysfunction; Emotions; Feelings; Grief; Social Communication Issues

Taking the Reading the Mind in the Eyes Test	12/30/2012	30 comments Categories: Eyes Test; Reading Facial Expressions; Take a Test Tuesday; Theory of the Mind
Aspie Strengths and Superpowers	12/21/2012	41 comments Categories: Acceptance; Asperger's Traits; Aspie Strengths; Apsie Traits; This is me
I Think I Might Be Autistic. Now What?	01/12/2013	36 comments Categories: Asperger's Traits; Diagnosis; Origin Story; Take a Test Tuesday
Musings of an Apple	01/15/2013	20 comments Categories: Asperger's Tests; Asperger's Traits; Bap; Broad Austim; Phenotype; Social Communication Issues
The Empathy Conundrum	01/17/2013	111 comments Categories: Acceptance, Asperger's Traits; Communication; Emotions; Empathy; Social Communication Issues; Social Scripts
I Think I Might Be Autistic (Part 2)	01/19/2013	51 comments Categories:
The Liebster Award	01/21/2013	31 comments Categories: Blogging Award
Taking the Empathy Quotient Test	01/22/2013	38 comments Categories: Asperger's Test; Empathy; Take a Test Tuesday
Unlearning to Accept	01/24/2013	26 comments Categories: Acceptance; Inexplicable; Stimming; This is me
Developing a Sensemaking Narrative	01/26/2013	16 comments Categories: Aspie Traits; Diagnosis; Origin Story; Sensemaking Narrative
Thinking on your Feet: A Trio of Cognitive Tests	01/29/2013	25 comments Categories: Attention; Cognitive Tests; Executive Function; Nonverbal Reasoning; Take a Test Tuesday; Working Memory
Emotional Dysfunction: Alexithymia and ASD	01/31/2013	58 comments Categories: Alexithymia; Emotional Dysfunction; Emotions; Empathy
A Little Perspective on Perspective Taking	02/11/2013	41 comments Categories: Cognitive Empathy; Communication: Perspective Taking
Two-Factor Imagination Scale (TFIS) Test	02/12/2013	64 comments Categories: Alexithymia; Imagination: TFIS; Two-Factor Imagination Test
Scenes from an Autistic Childhood	02/14/2013	30 comments Categories: Aspie Girlhood; Childhood: Communication; Signs of Autism; Social

		Communication Issues; Stimming
Adult ASD: Seeking a Professional Diagnosis	02/17/2013	65 comments Categories: Adult Diagnosis; Diagnosis; Resources
Taking the Friendship Questionnaire (FQ)	02/19/2013	33 comments Categories: Asperger's Test; Friendship; Friendship Quotient; Social Interaction; Take a Study Tuesday
My "NO" Reflex	02/21/2013	48 comments Categories: Being Okay; Change; Decision Making; Planning; Routines; Social Communication
Autistic People Should...	02/23/2013	51 comments Categories: Acceptance; Autistic People Should; Flash Blog
Adult ASD: Preparing for Your Evaluation	02/25/2013	11 comments Categories: Asperger's Evaluation; Asperger's Traits; Diagnosis; Origin Story; Self-Assessment
Taking the CAM Face-Voice Battery	02/26/2013	64 comments Categories: Asperger's Tests; Emotional Dysfunction; Emotions; Take a Test Tuesday
An Anxiety is Not Disordered	02/28/2013	69 comments Categories: Anxiety; Mental-Health; Social Anxiety Disorder; Social Communication; Social Interaction; Social Skills
Adult ASD Evaluation: The Tests	03/09/2013	27 comments Categories: ADHD; Anxiety; Cognitive Testing; Depression; Diagnosis; Origin Story
Taking the Famous Faces Test	03/12/2013	47 comments Categories: Asperger's Tests; Faceblindness; Facial Agnosia; Prosopagnosia; Take a Test Tuesday
The Doubly Exceptional Child Grows Up	03/14/2013	90 comments Categories: Aspie Girlhood; Aspie Strengths; Bullying; Childhood; Developmental Disability; Doubly Exceptional; Giftedness; Social Communication; Social Skills
Adult ASD: Waiting for a Diagnosis	03/17/2013	17 comments Categories: Adult Diagnosis; Adult Evaluation; Asperger's Tests; Disgnosis; Self-Doubt
The One Where We Ask Our Own Questions	03/19/2013	64 comments Categories: Adult Autism; My Awesome Readers; Poll; Survey; Take a Test Tuesday
Is there a Link Between ASD Motor Skill Deficits and Social Communication	03/21/2013	62 comments Categories: Asperger's Traits;

Difficulties?		Communication; Dyspraxia; Motor Skills; Nonverbal Communication; Selective Mutism; Social Communication
Adult ASD: Receiving a Diagnosis	03/23/2013	36 comments Categories: Adult Diagnosis; Diagnosis; Origin Story
Survey: Let's Talk About Relationships	03/26/2013	96 comments Categories: Friendship; Relationships; Survey; Take a Test Tuesday
The Seductive Illusion of Normal	03/28/2013	46 comments Categories: Acceptance; Asperger's Syndrome; Aspie and Female; Aspie Girlhood; Mental-Health; This Is Me
Adult ASD: Moving Forward After Diagnosis	03/30/2013	32 comments Categories: Acceptance; Adaptations; Adult Diagnosis; Mental-Health; Origin Story; Self-Awareness; Self-Care
Survey: Sensory Sensitivities and Work/School Strategies	04/02/2013	100 comments Categories: Coping Strategies; School' Sensory Overload; Survey; Take a Test Tuesday; Work
Kindred Souls	04/04/2013	40 comments Categories: Asperger's Traits; Pets; This is Me
Adult ASD: Disclosure	04/06/2013	66 comments Categories: Accommodations; Adult Diagnosis; Disclosure; Origin Story; Supports
Survey: General Coping Strategies	04/09/2013	80 comments Categories: Coping Strategies; Emotional Dysfunction; Executive Function; Survey; Take a Test Tuesday
Some Rambling about Insomnia, Melatonin, Nightmares, Anxiety and Autism	04/11/2013	29 comments Categories: Health; Acceptance; Anxiety; Insomnia; Melatonin; Nightmares; Sleep; Sleep Disorders
Adult ASD: My Evolving Sense of Self	04/13/2013	31 comments Categories: Diagnosis; Advocacy; Disability; Identity; Labels; Origin Story
Post #100: A Hiatus and Some Thoughts on Executive Function	04/15/2013	32 comments Categories: Aspie Traits; Anxiety; Coping Strategies; Executive Function; Hiatus; My Awesome Readers; This Is Me
Resuming	05/13/2013	39 comments Categories: Aspie Life;
Survey: Special Skills and Fun Stuff	05/14/2013	72 comments Categories: Aspie Traits; Acceptance; Echolalia; Hyperfocus; Nonverbal;

		Communication; Social Communication; Synesthesia
Goal-Fish: The Neurodivergent To-Do List	05/17/2013	20 comments Categories: Reviews; App Review; By Us-For Us Executive Function; Organization; Supports
Monday Morning Musings (5-20)	05/20/2013	24 comments Categories: Monday Morning Musings; A-Dar; Insomnia; Melatonin; Nightmares; Recs; Research
Survey: Acceptance, Gender, Sexuality and Body Image	05/23/2013	124 comments Categories: Acceptance; Aspie Traits; Body Image; Gender; Relationships; Sexuality; Survey; Take
Sensory Seeking	05/24/2013	64 comments Categories: Sensory Processing; Pain Hyposensitivity; Sensory Regulation; Sensory Seeking; Stimming
Monday Morning Musings (5-27) – DSM-5 Goes Live	05/27/2013	14 comments Categories: Monday Morning Musings; Diagnosis; DSM-5; Sensory Regulation; Synesthesia; Weighting Blanket
(Not) a Little Slow	05/29/2013	112 comments Categories: Communication; Acceptance; Communication Deficit; Nonverbal Communication; Presuming Competence; Social Communication
Monday Morning Musings (6/3) – Yale Autism Seminar Video Series	06/03/2013	46 comments Categories: Adult Diagnosis; Autism Videos; E-Book; Educational Resources; Monday Morning Musings; This Is Me
Shape Shifting	06/04/ 2013	34 comments Categories: Mental-Health; Personal Growth; Self-Awareness; Social Interaction: This Is Me
Monday Morning Musings (6/10)	06/10/2013	13 comments Categories: Aspie and Female; E-Book; Girl Stuff; Menopause; Relationships; Research; Sensory Regulation
What’s Your Function?	06/12/2013	62 comments Categories: Executive Function; Nonfunctional Behavior; Routines
It’s Not Your Fault	06/14/2013	34 comments Categories: This Is Me
A Cognitive Defense of Stimming (or Why “Quiet Hands” Makes Math Harder)	06/18/2013	89 comments Categories: Acceptance; Childhood;

		Cognitive Function; Executive Function; Mental-Health; Quiet Hands; Stimming
Decoding the High Functioning Label	06/26/2013	145 comments Categories: Acceptance; Executive Function; Functioning Labels; High Functioning
Interoception: How Do I Feel?	07/03/2013	61 comments Categories: Alexithymia; Emotional Dysfunction; Executive Function; Interoception; Self-Awareness; Sensory Processing
An Open Invitation to Infodump	07/09/2013	95 comments Categories: Acceptance; Communication; Infodumping; Monologuing; Social Interaction; Special Interests
Saying No	07/11/2013	66 comments Categories: Communication; Nonverbal Communication; Saying No; Social Communication Issues; Social Skills
Monday Morning Musings (7/15)	15/07/2013	48 Comments Categories: Autism Videos; Let's Do Something Fun; Monday Morning Musings; Recs; Special Interests; Survey
Lost In Space	18/07/2013	123 comments Categories: Interoception; Proprioception; Sensory Processing; Sensory Regulation
Monday Morning Musings (7/22)	22/07/2013	21 comments Categories: Sensory Seeking; Social Communication Issues; Stop Sign Project; Trains; Unfiltered Aspie
Socially Inappropriate	24/07/2013	304 comments Categories: Acceptance; Social Communication; Stimming
Stop Signs for Tommy	26/07/2013	38 comments
What Do I Want?	29/07/2013	91 comments Categories: Decision Making; Executive Function; Experiments; Marriage; Mental-Health; Relationships
The Self-Employed Aspie	31/07/2013	68 comments Categories: Employment; Entrepreneurship; Freelancing; Self-Employment; Work
The One Where I Talk to Myself About Shame	07/08/2013	82 comments Categories: Executive Function; Independence; Relationships; Self-Care; Shame
The Challenges of Being a Self-Employed Aspie	09/08/2013	24 comments Categories: Executive Function; Self-Employment; Special Interests; Supports;

		Work
Monday Morning Musings (8/12)	12/08/2013	49 comments Categories: Apps; Decision Making; E-Book; Executive Function; Experiments; Supports
Pros and Cons of Being Self-Employed When You're on the Spectrum	14/08/2013	29 comments Categories: Aspie Strength; Executive Function; Self-Employment; Special Interests; Work
Catastrophizing Sucks	19/08/2013	102 comments Categories: Catastrophizing; Emotional Dysfunction; Preservation; Rigidity; Splitting
Starting a Business Aspie Style (or What They'll Never Tell You in Business School)	20/08/2013	17 comments Categories: Self-Employment; Special Interests; Work
A Little Something Different	22/08/2013	30 comments Categories: Diagnosis; Guest Post; Identity; Jess Says Stuff; Motherhood
Monday Morning Musings (8/26)	26/08/2013	57 comments Categories: Anniversary; Exciting Things; Monday Morning Musings; Survey; Writing
Building a Base	28/08/2013	59 comments Categories: Aging; Fear; Life
Beyond the Talk: What Else Autistic Girls Need to Know About Puberty	30/08/2013	157 comments Categories: Adolescence; Aspie Girlhood; Personal Care; Puberty; Sensory Sensitivities; Social Skills; Tactile Defensiveness
Under Control	03/09/2013	63 comments Categories: Alexithymia; Change; Control; Coping Strategies; Self-Care
Weighted Blanket Giveaway	06/03/2013	53 comments Categories: Giveaway
Monday Mourning	09/09/2013	
Stepping Outside My Comfort Zone	11/09/2013	56 comments Categories: Anxiety; Coping Strategies; Personal Growth; Supports
Autism and Menopause: More Questions Than Answers	13/09/2013	33 comments Categories: Cognitive Function; Emotional Dysfunction; Fatigue; Hormones; Mood Swings; Preimenopause; Sleep
Monday Morning Musings (9/16)	16/09/2013	18 comments Categories: Giveaway; Monday Morning Musings; Recs; Writing
Echolalia: That's What She Said	18/09/13	143 comments Categories: Communication; Echolalia; Social Communication; Speech; Stimming
Focusing on Assets, Building on Strengths	23/09/13	50 comments Categories: Acceptance; Disability; Passing;

		Strengths; Tactile Sensitivities
What I Want	25/09/2013	32 comments Categories: Alexithymia; Coping Strategies; Decision Making; Defense Mechanisms; Emotional Dysfunction; Experiments; What Do I Want?
Asking For Help	15/10/2013	59 comments Categories: Asking For Help; Childhood; Coping Strategies; Executive Function; Trust; Verbal Communication
Diagnosis Barriers for Autistic Women and Girls	17/10/2013	29 comments Categories: Adult Diagnosis; Asperger's Syndrome; Aspie and Female; AWN Articles; Diagnosis
Rules to Live By	22/10/2013	48 comments Categories: Communication; Coping Strategies; Experiments; Social Communication; Social Interactions; Social Skills
The Myth of Passing	24/13/2013	121 comments Categories: Hidden Disability; Labels; Passing; Social Communication; Stigma
Hovering on the Fringe	29/10/2013	100 comments Categories: Childhood; Social Skills
Autistic as a Reclaimed Word	1/11/2013	88 comments Categories: Acceptance; Autistic; Autistic Speaking Day; Identify-First; Language; Reclaiming
Silence I: Frustration	4/11/2013	87 comments Categories: Alexithymia; Emotions: Nonverbal Communication; Silence; Social Communication; Speech; Verbal Communication
Silence II: Variation	6/11/2013	41 comments Categories: Alexithymia; Communication; NonVerbal Communication; Silence; Speech; Verbal Communication
Silence III: Intention	8/11/2013	36 comments Categories: Communication; Experiments; Nonverbal Communication; Silence; Silent Mondays
Practically Perfect in Every Way	11/11/2013	70 comments Categories: Black and White Thinking; Catastrophizing; Cognitive Function; Control; Executive Function; Perfectionism; Self-Esteem
Invisible	15/11/2013	89 comments

		Categories: Assertiveness; Communication; Social Skills; This Is Me
This is My Autism	28/11/2013	33 comments Categories: Acceptance; Flash Blog; This Is Me
Giveaway: Yay! Autistic Artists	20/11/2013	56 comments Categories: Celebrating Autistic Artists; Giveaway
Do We Need a Female Diagnostic Model for Autism?	21/22/2013	157 comments Categories: Asperger Traits; Aspie and Female; Aspie Girlhood; Autistic Traits; AWN Articles; Diagnosis
Gender and Autism: A Preliminary Survey Post	5/12/2013	68 comments Categories: Asperger; Autistic Traits; Biological Traits; Extreme Male Brain; Gender; Gender Differences; Research
Uncooperative Words and Where I Go From Here	11/12/2013	108 comments Categories: Aphasia; Communication; Language; Speech; Writing
Comorbid Conditions: Diagnosis and Miadiagnosis in Autistic Women	16/12/2013	60 comments Categories: Adult Diagnosis; Anxiety; Comorbid Conditions; Depression; Diagnosis
Autistic Regression and Fluid Adaptation	19/12/2013	89 comments Categories: Adaptations; Burnout; Coping Strategies; Regression; Self-Care
Socializing: Reboot	23/12/2013	48 comments Categories: Acceptance; Anxiety; Relationships; Social Communication; Social Interaction; Stimming
Scenes from Silent Monday (I)	03/01/2014	32 comments Categories: n/a
Executive Function Primer (1)	07/01/2014	52 comments Categories: Executive Function; Organization; Planning; Regulation
Executive Function Primer (2)	09/01/2014	47 comments Categories: Attention; Executive Function; Problem Solving; Verbal Reasoning; Working Memory
Executive Function Primer (3)	15/01/2014	53 comments Categories: Cognitive Function; Coping Strategies; Executive Function; Inhibition; Monitoring; Troubleshooting
Executive Function Primer (Part 4)	17/01/2014	51 comments Categories: Cognitive Flexibility; Cognitive Function; Executive Function
Autistic Motherhood: The Social Dimension	22/01/2014	23 comments Categories: Coping Strategies; Motherhood;

		Parenting; Social Communication; Social Skills
Executive Function Summary	24/01/2014	28 comments Categories: Cognitive Function; Executive Function
Sensory Sensitivities and Atypical Sensory Processing	28/01/2014	74 comments Categories: Sensory Dysfunction; Sensory Gating; Sensory Overload; Sensory Processing; Sensory Regulation; Sensory Sensitivities; Tactile Defensiveness
The Difference Between a Sensory Sensitivity and Disliking Something	30/01/2014	125 comments Categories: Anxiety; Sensory Dysfunction; Sensory Overload; Sensory Processing; Sensory Sensitivities
Sensory Sensitivities: Understanding Triggers	04/02/2014	64 comments Categories: Coping Strategies; Sensory Dysfunction; Sensory Gating; Sensory Processing; Sensory Regulation; Sensory Sensitivities
The One Where I Talk About Why Talking is Hard	06/02/2014	205 comments Categories: Communication Deficit; Identity; Nonverbal Communication; Self-Concept; Speech; Video Blogging
Love Not Fear	11/02/2014	22 comments Categories: #LoveNotFear; Acceptance; Flash Blog; Parenting
Sensory Diet	18/02/2014	62 comments Categories: Interoception; Proprioception; Sensory Diet; Sensory Processing; Sensory Regulation; Tactile Sensitivities
Autistic Motherhood: Supports That Make a Difference	20/02/2014	60 comments Categories: AWN Articles; Motherhood; Parenting; Supports
I Am Not Temple Grandin	25/04/2014	125 comments Categories: Acceptance; Relationships; Role Models; Sexuality; Stereotypes; This Is Me
Taking the Cognitive Style Test	04/03/2014	75 comments Categories: ADHD; ADHD In Adults; Cognitive Tests; Executive Function; Take a Test Tuesday; Trauma
Combat This	06/03/2014	36 comments Categories: Acceptance; Advocacy; Flash Blog
Taking the Matching Faces Test	11/04/2014	75 comments Categories: Cognitive Tests; Faceblindness; Prosopagnosia; Take a Test Tuesday
Pronoun Reversal and Confusion	14/03/2014	140 comments

		Categories: Communication; Echolalia; Pronouns; Speech; Stimming
Sometimes This Happens	17/03/2014	78 comments Categories: Language; Preservation; Stimming; This Is Me; Writing
Take the Personality and Emotion Test	25/03/2014	76 comments Categories: Alexithymia; Emotions; Sensory Seeking; Social Interaction; Take a Test Tuesday
Unpacking Asperger: Autistic Gaze	28/03/2014	136 comments Categories: Autistic History; Eye Contact; Kanner; Social Communication; Unpacking Asperger
Take the Aspergers Quiz	01/04/2014	41 comments Categories: Aspergers Test; Take a Test Tuesday
Do The Thing!	03/04/2014	74 comments Categories: Communication; Language Pragmatics; Social Communication; This Is Me
Interpreting the Heider-Simmel Animation	08/04/2014	177 comments Categories: Cognitive Empathy; Heider Simmel; Social Communication; Take a Test Tuesday; Theory of the Mind
Creating Autistic Spaces	10/04/2014	48 comments Categories: Acceptance; Accommodations; Autistic Space; Safe Space
Take the Synesthesia Battery	15/04/2014	61 comments Categories: Sensory Processing; Synesthesia; Take a Test Tuesday
Honoring Our Choices	17/04/2014	101 comments Categories: Advocacy; AWN Articles; Motherhood; Parenting; Parenting Experience
Take the SPD Checklist	22/04/2014	50 comments Categories: Sensory Processing; Sensory Seeking; Sensory Sensitivities; SPD; Take a Test Tuesday
You Are Getting Very Sleepy	24/04/2014	81 comments Categories: Anxiety; Cognitive Function; Executive Function; Stimming
Behavior is Communication: Are You Listening?	30/04/2014	97 comments Categories: Acceptance; Communication; Flash Blog; Social Communication; Stimming
#My Writing Process Blog Hop	12/05/2014	23 comments Categories: Blog Hop; Meme; Nerdy Shy and Socially Inappropriate; This Is Me; Writing
Big Picture? What Big Picture?	14/05/2014	90 comments

		Categories: Details; Gestalt; Pattern Recognition; Patterns; Place Blindness
Let Me Repeat Myself	22/05/2014	87 comments Categories: Anxiety; Catastrophizing; Echolalia; Executive Function; Perversion; Social Communication
#Autismisnotacrime Flash Blog	26/05/2014	3 comments Categories: Acceptance; Flash Blog
The Importance of Play	29/05/2014	90 comments Categories: Adaption; Childhood; Coping Strategies; Development; Personal Growth; Play
Improving Access to Health Care for Autistic Adults	03/06/2014	72 comments Categories: Accommodations; Disability; Health; Health Care
_____ing an Uncooperative Body	09/06/2014	104 comments Categories: Aphasia; Communication; Social Communication; This Is Me; Verbal Communication; Writing
The Logical Fallacy of Person First Language	18/06/2014	150 comments Categories: Acceptance; Identity; Identity First Language; Person First Language
Book Giveaway: Ultraviolet Spectrums – Stories of Women on the Autism Spectrum	27/06/2014	174 comments Categories: Book; Giveaway; Happiness; Survey
Giveaway Winners and Call for Survey Questions	29/06/2014	180 comments Categories: Giveaway; Surveys
Learning Differences/Disabilities Survey	08/07/2014	132 comments Categories: Learning Difference; Learning Disability; SPLD; Survey; Take a Test Tuesday
Asking for Accommodations	10/07/2014	97 comments Categories: Accommodations; Coping Strategies; Disabilities; Disclosure; Supports
How We Experience the World Survey	15/07/2014	189 comments Categories: Autistic Traits; Cognitive Function; Sensory Seeking; Special Interests; Take a Test Tuesday
Backstopping: Supporting the Autistic Person In Your Life	17/07/2014	77 comments Categories: Coping Strategies; Sensory Overload; Shutdown; Supports
Coping Strategies Survey	22/07/2014	185 comments Categories: Aging; Alexithymia; Coping Strategies; Emotional Dysfunction; Panic Attacks; Survey; Take a Test Tuesday; Travel
Prosody: Loud Voice, Fast Voice, Soft	24/07/2014	162 comments

Voice, Flat Voice		Categories: Flat Affect; Language Pragmatics; Prosody; Sensory Processing; Social Communication
Social Interaction Survey	29/07/2014	145 comments Categories: Adult Diagnosis; Introversion; Social Interaction; Survey; Take a Test Tuesday; Trust
Executive Function Strategies	31/07/2014	120 comments Categories: Executive Function; Initiation; Organization; Planning; Strategies
Blog Theme Update	17/08/2014	52 comments Categories: Notes; Update
I Don't Need Your Awareness	25/08/2014	Categories: Ableism; Acceptance
At the Intersection of Autism and OCD	04/09/2014	98 comments Categories: Compulsions; Coping Strategies; Obsessions; OCD
What I Learned While Running, Swimming, and Biking 293 Miles in 8 Weeks	11/09/2014	65 comments Categories: Accommodations; Rehearsal; Rituals; Sensory Overload; Social Interaction; Strategies
What Acceptance is Not	17/09/2014	50 comments Categories: Acceptance; Coping Strategies
Social Communication Survey	23/09/2014	86 comments Categories: Language Pragmatics; Social Communication; Surveys
Typed Words, Loud Voices Anthology	26/09/2014	5 comments Categories: Anthology; Signal Boost
Health Care Survey	30/09/2014	42 comments Categories: Disclosure; Health Care; Mental-Health; Survey; Take a Test Tuesday
Finding Peace in Liminal Space	02/10/2014	43 comments Categories: Acceptance; Aphasia; Diagnosis; Mental-Health; This Is Me
Interview on Autism Spectrum Radio	03/10/2014	8 comments
Melange Survey	07/10/2014	70 comments Categories: Projects; Survey; Take a Test Tuesday
Echolalia and Scripting: Straddling the Border of Functional Language	09/10/2014	41 comments Categories: Communication; Echolalia; Language Pragmatics; Scripting; Social Communication Issues
Conserving Spoons	15/10/2014	14 comments Categories: Coping Strategies; Disability Theory; Sensory Dysfunction; Social Communication; Spoons
Changing Seasons and Sensory Sensitivities	23/10/2014	87 comments Categories: Sensory Processing; Strategies;

		Coping Strategies; Interoception; Seasonal Change; Sensory Sensitivities
Where Am I Going, Where Have I Been	30/10/2014	191 comments Categories: Projects; Stimming; Stimtastic; This Is Me
Mindfulness in Miniature	04/11/2014	31 comments Categories: Communication; Mental Health; Strategies; Coping Strategies; Interoception; Mindfulness
Big Giant Giveaway: Books, Stim Toys, Chewy Jewelry	10/11/2014	194 comments Categories: Projects; Giveaways
Unreasonable Goals	13/11/2014	120 comments Categories: Acceptance; Accommodations; Disability; IEP; Social Communication; Stigma
At the Intersection of Gender and Autism – Part 1	19/11/2014	136 comments Categories: Aspie and Female; Childhood; Adolescence; Gender; Sensory Sensitivities; Tactile Defensiveness
At the Intersection of Gender and Autism – Part 2	28/11/2014	114 comments Categories: Acceptance
At the Intersection of Gender and Autism – Part 3	04/12/2014	149 comments Categories: Aspie and Female; Acceptance; Childhood; Gender; Girlhood; Menopause; Motherhood
Taking the Stroop Test	09/12/2014	31 comments Categories: Asperger's Tests; Adult Diagnosis; Cognitive Testing; Executive Function; Inhibition; Stroop Test; Take a Test Tuesday
Chronologically Out of Step	12/12/2014	86 comments Categories: Cognitive Function; Adolescence; Childhood; Communication; Development; Developmental Delay; Mental Age; Social Skills; Speech
Taking the Aspie Quiz (Version 3)	16/12/2014	138 comments Categories: Asperger's Tests; Gender; Neurodiversity; Sexuality; Take a Test Tuesday
Taking the RAADS-14	23/12/2014	58 comments Categories: Asperger's Tests; AQ; RAADS; Screening Instruments; Take a Test Tuesday
Taking the Liebowitz Social Anxiety Scale Test	30/12/2014	150 comments Categories: Asperger's Test; Social Anxiety; Social Interaction; Take a Test Tuesday
(In)dependent	07/01/2015	92 comments Categories: Mental Health; Acceptance;

		Accommodations; Aphasia; Disability
Acceptance as a Well Being Practice	14/01/2015	233 comments Categories: Acceptance; Accommodations; Diagnosis; Mental Health; Mindfulness; Sensemaking; Wellbeing